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Staggered Starburst

This a 1¹/₂-length figure that requires 12 bars of music. All dancers start facing into the center.

Bars 1-4: First triangle dance in on beats 1-2, jump up in the air with sticks held high and shouting "Ho!" on beat 3 (turning 60^o to land on the "and" after beat 3, and turning another 60^o on beat 4). Dancers are now in the next position around the first triangle.

Meanwhile, second triangle back up on beats 1-4, then come in on beats 5-6, jump up in the air with their sticks held high on beat 7 (turning 60^o to land on the "and" after beat 7, and turning another 60^o on beat 8). Dancers are now in the next position around the second triangle.

Repeat on bars 5-8 with first triangles backing up and second triangles coming in.

Repeat on bars 9-12 with first triangles backing up and second triangles coming in.

At the end of the figure, dancers are back in their home positions.

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